

Comprehensive COVID-19 Health & Safety Plan

DETAILED HEALTH & SAFETY PROCEDURES

STAFF MEMBERS TRAINING re: COVID-19

The Washington Department of Occupational Safety and Health Labor & Industries (L&I) requires all public and private school employees to be trained on COVID-19 infection prevention. L&I can cite schools under the General Duty Clause that requires employees to be trained and protected against any recognized hazard. The Bridge School has used this [powerpoint](#) to provide employee training.

Additional resources:

- [Workplace safety guidance from L&I](#)
- [Workplace poster on Covid-19 Prevention](#) from the Department of Labor & Industries.
- Washington Federation of Independent Schools is offering training opportunities through their partner organizations.

STUDENT ARRIVAL & DEPARTURE PROCEDURES

School procedures will coordinate traffic at entrances, exits and within the building to reduce congestion, provide proper physical distancing and minimize the need for parents/caregivers to enter the building.

PRE-ARRIVAL SCREENING SURVEY

Students, staff, volunteers and classroom assistants must be healthy and symptom-free to remain on campus during school hours.

All students, staff, volunteers and classroom assistants are required to complete the online [Pre-Arrival Screening Survey](#) daily by 8am on school days. No one will be allowed in classrooms or to work with students unless this has been completed and confirmed by school staff. Students who do not complete the survey prior to arrival or who arrive after 8:30am, must be accompanied by their caregiver into the office to check in their child.

Use this QR code to access the Pre-Arrival Screening Survey:



ARRIVAL PROCEDURE

1. Families complete the [Pre-Arrival Screening Survey](#) by 8am on school days for students and classroom assistants.
2. Teachers confirm completion of the screening survey and check in students and classroom assistants at their designated outdoor location listed below:
 - Core Elementary Program - Chinook: Park in lower lot facing street; enter from stairs
 - Core Elementary Program - Coho: Park in north side lot; enter through main entry
 - Core Elementary Program - Kokanee: Park in West side, lower lot; enter Kokanee classroom doors
 - Core Academic Program - Wilderness Explorations: Assigned drop-off area in lower lot at Seahurst Park
 - Creative Enrichment (Friday) - Park in your usual drop off spot, and make your way to the designated entrance for your class.

DEPARTURE PROCEDURE

1. Families should use the same for pick up at the end of the day as drop off.
2. Please wait in the car (at Bridge School) or designated waiting area (at Seahurst)
3. Teachers will excuse students to parents or designated caregivers.

STATE MANDATED VACCINATION: ADULTS WORKING WITH STUDENTS

Per [Governor Inslee's Vaccination Proclamation of August 18, 2021](#), all school staff, employees and volunteers (classroom assistants) MUST be vaccinated against COVID-19, and provide proof of vaccination prior to the start of the school year. This includes all parents, caregivers and guardians who are working directly with students whether inside or outdoors.

PROCEDURES for STUDENT, STAFF & CLASSROOM ASSISTANT ILLNESS

WHEN TO STAY HOME

Any student, staff member or classroom assistant should stay home if they exhibit COVID-like symptoms OR if an unvaccinated person has been exposed to someone with a confirmed case of COVID-19. COVID-like symptoms include the following:

- Fever of 100.4 F or higher (school checklist uses benchmark of 100 degrees F as preventative measure)
- Uncontrolled cough that causes difficulty breathing or change in baseline for students with chronic allergic/asthmatic cough)
- Shortness of breath
- Severe headache (especially with a fever)
- Loss of taste or smell
- Congestion/runny nose (not related to seasonal allergies)
- Sore throat
- Nausea, vomiting, diarrhea, abdominal pain
- Chills, muscle or body aches
- Unusual fatigue

Individuals exhibiting symptoms above that can be attributed to another issue and/or have not been exposed to COVID-19 may return to school once they are symptom-free for a full 24 hours. Follow-up with a medical provider if symptoms worsen. Rapid Antigen tests are available as a precaution from The Bridge School.

CLOSE CONTACT WITH CONFIRMED CASE of COVID-19

“Close Contact” is defined as being within 6 feet of someone for a cumulative total of 15 minutes (or more) over a 24 hour period; living in the same household or caring for a person with COVID-19; direct contact with body secretions from an infected person.

Fully Vaccinated Individuals

Fully vaccinated people DO NOT need to quarantine after close contact with someone who has COVID-19 unless they have symptoms. However, fully vaccinated people should get tested 3-5 days after exposure (even if they don't have symptoms) and wear a mask indoors in public for 10 days following exposure or until they test negative for COVID-19.

Unvaccinated Individuals

Unvaccinated people must quarantine (stay home) for at least 5 days after the last close contact with someone who has COVID-19 and watch for symptoms of COVID-19 (see above). If possible, stay away from people in the household, especially those at higher risk for getting very sick from COVID-19.

It is also recommended that you take a PCR Diagnostic Test 3-5 days after exposure. (If these results are positive or negative, a quarantine of 5 days following symptoms or positive test results is required.) The person must be symptom free for 24 hours (without use of fever-reducing medication) prior to returning to school.

After Quarantine

Watch for symptoms until 10 days after exposure. Anyone continuing to have symptoms must immediately self-isolate and contact the local public health authority or one's healthcare provider.

STUDENTS / STAFF EXHIBITING COVID-LIKE SYMPTOMS at SCHOOL

Students will be monitored during the school day for symptoms of illness. Students who develop symptoms at school:

- Will be given a BinaxNOW Rapid Antigen Test
- Will be isolated in a designated, supervised area and wear a 3 layer disposable or cloth face covering
- Supervising staff should wear a medical grade mask
- Parents/guardians will be called for immediate pick up
- Staff will clean and disinfect the area(s) where the sick child spent time that day including common areas.

Staff members who develop symptoms at school will be sent home immediately and their work area will be cleaned and disinfected.

STUDENTS / STAFF TESTING POSITIVE for COVID-19

Staff members and families of students testing positive for COVID-19 should notify the Director if they have been on school premises during their infectious period. People who have tested positive for COVID-19 should remain at home and should not return to school until the following guidance around Ending Isolation has been met:

- **Ending isolation if you had symptoms:** End isolation after at least 5 full days if you are fever-free for 24 hours (without the use of fever-reducing medication), your symptoms are improving and you produce a negative rapid antigen test.
- **Ending isolation if you did NOT have symptoms:** End isolation after at least 5 full days after your positive test, and produce a negative rapid antigen test.
- **If you were severely ill with COVID-19:** You should isolate for at least 10 days. Consult your doctor before ending isolation.

For more information: [CDC Quarantine & Isolation Guidance](#)

If students have met the isolation guidelines and are still producing a positive test result, we will require a doctor's approval prior to having students return to class.

[Documentation of Recovery Form](#) (to be signed by medical professional and returned to school)

COLLECTING INFORMATION ON STUDENTS, STAFF MEMBERS & CLASSROOM ASSISTANTS

The Director will collect the following information from sick staff members, classroom assistants or parent/guardian of sick child exhibiting symptoms or testing positive for COVID-19.

- Current symptoms and date symptoms began
- Date of onset of infectious period (2-days prior to symptoms)
- Verify attendance during infectious period
- Known/suspected exposure (close contact*) to COVID-19 in 14 days prior to symptoms
- Chronic illness diagnosis/recent non-COVID-19 illness diagnosis that explains symptoms
- Verify attendance during infectious period

STAFF COMMUNICATION re: CONFIRMED COVID-19 CASES

If there is a confirmed case of COVID-19 among students or staff members, a letter will be sent detailing if a pod, class or teacher should quarantine and use remote instruction. School staff will gather information about close contacts with anyone testing positive for COVID-19 or exhibiting COVID-like symptoms on campus that are not attributable to another cause.

If a teacher becomes ill, staff will locate a substitute teacher. If a suitable in-person substitute is not available, the class will be taught remotely or independent work will be provided.

TRAVEL

Please inform the Director two weeks in advance of travel and monitor for symptoms closely when you return. Testing for all members of your household within 3-5 days of returning from travel is encouraged, though not required.

TRAVELING VIA PUBLIC TRANSPORTATION

The Bridge School will apply the CDC's travel guidance for all travel on public transportation (airplanes, buses, trains, taxis, etc), including exposure to unvaccinated individuals or large crowds indoor or outdoor (examples include weddings, parties, concerts, overnights with multiple households, etc). Students are encouraged to get tested with a viral test 3-5 days after travel AND self-quarantine at home for a full 7 days after returning from travel OR quarantine for 14 days after returning from travel if not tested.

For travel that does not involve public transportation (ie, you are traveling in your privately owned vehicle) and for which you can answer ALL the following questions with "yes", quarantine is not required upon return:

- Were you able to avoid large gatherings (weddings, parties, concerts, overnights with multiple households) during your trip?
- Were all members of your household able to maintain 6 feet or more of social distancing space when around unvaccinated individuals that are not immediate members of your household?
- Were all members of your household able to keep a face mask on properly when closer than 6 feet to individuals that are not immediate members of your household?
- Were you able to avoid any individuals that appeared to have symptoms of illness or that you knew were diagnosed with COVID-19?

If all answers are "yes" and all members of your household are currently symptom free, you do not have to quarantine.

HOSTING HOUSEGUESTS

Any family hosting houseguests who are either unvaccinated or traveling via public transportation, quarantine requirements may also apply. Please check with the Operations Director.

PLEASE CONSIDER THE FOLLOWING WHEN TRAVELING

FOOD FOR THOUGHT: As you make plans throughout the year to gather & travel, please consider following the same guidelines we have outlined for the school (eg. avoid large crowds, spend time outside vs. inside if possible, etc.).

For detailed CDC Travel Guidance: [Domestic](#) & [International](#).

FACE COVERINGS

All students, staff, volunteers and guests must wear face coverings while on school premises, inside and outside, [as required by the WA State Department of Health and State Superintendent of Public Instruction](#). Disposable masks will be available for students, staff and visitors who do not have an appropriate mask.

- Students should wear either an N95, KN95, KN94 or other 3 layer disposable mask or reusable cloth face covering with disposable filter to school and bring at least one extra each day. It is helpful if masks have the student's name on them. Mask breaks will be offered when physical distancing can be maintained.
- Staff will be provided cloth and N95 disposable face coverings for their use. Staff may not remove face coverings at any time when supervising children.
- **Acceptable face coverings include:**
 - Disposable N95, KN95 or KN94 masks
 - Cloth - 2 or 3 layers of cloth with disposable filter (launder & change filter daily)
- **Unacceptable face coverings include:**
 - Masks with exhalation valves or vents; they are NOT effective in preventing the spread of COVID-19 to others. Some masks of this style include filters, but it is difficult to tell which ones do while they are being worn.
 - Masks with designs, images or words inappropriate for school including depictions of scary characters, violence or derogatory language.

SOCIAL/PHYSICAL DISTANCING

Classrooms and outdoor spaces will be organized to maximize space between students and teachers and shared spaces will include visual cues for social distancing and the number of students will be limited in bathrooms and hallways.

Recess & lunch will be staggered to manage the number of students in a given space at one time.

All food consumption will take place outdoors. Students will be physically distanced while eating and will wash hands before/after recess and lunch.

From the CDC re: Social Distancing: *Limiting close face-to-face contact with others is the best way to reduce the spread of COVID-19. Social (or “physical”) distancing, means keeping a safe space between yourself and other people who are not from your household.*

*To practice social distancing with universal masking, the CDC recommends students maintain a distance of **at least 3 feet in classroom settings** — regardless of whether community transmission is low, moderate, substantial, or high.*

The CDC continues to recommend at least 6 feet of physical distance...

- *Between adults in the school building and between adults and students.*
- *In common areas, such as school lobbies and auditoriums.*
- *When masks can't be worn, such as when eating.*
- *During activities when increased exhalation occurs, such as singing, shouting, band practice, sports, or exercise. These activities should be moved outdoors or to large, well-ventilated spaces whenever possible.*
- *In community settings outside of the classroom.*

HANDWASHING

Handwashing stations and procedures will be posted and monitored for staff, student and parent use. Hand sanitizer will be made available in all classes if handwashing is not possible.

- Hand sanitizer dispensers will be available in all learning spaces and hallway
- Students will wash or sanitize hands at the following times:
 - Upon arrival
 - Before and after eating
 - After using the restroom
 - As needed during the day

GENERAL BUILDING SAFETY

All indoor and outdoor learning environments will be adapted to the full extent possible to prevent the spread of COVID-19 including moving learning activities outdoors as much as possible, increasing building ventilation and cleaning procedures for indoor spaces.

CLEANING

Cleaning procedures will follow CDC [Considerations for Cleaning and Disinfecting your Building or Facility](#).

- Daily cleaning of high touch surfaces in classrooms, hallways and bathrooms performed by staff.
- Weekend cleaning to vacuum, disinfect and thoroughly clean all school areas
- Periodic deep cleans as needed

VENTILATION

The covered breezeway outside classrooms serves as our on campus outdoor learning space and Wilderness Explorations will be held entirely outdoors at Seahurst Park.

Please ensure students dress in layers and always have adequate clothing to stay warm.

When indoors, the following procedures will be followed:

- Windows and doors will be open at all times in all classrooms.
- Commercial grade HEPA air purifiers will be running in all classrooms, the office & art room at all times.
- The facility has commercial grade HEPA filters running 24/7.

ANNUAL CALENDAR/DAILY SCHEDULE

The annual calendar is subject to change, while continuing to provide the required number of instructional days/hours per Washington State law. We will maintain vacation schedules and community events (even if we have to get creative in how to hold them!).

ADDITIONAL RESOURCES

Students or staff without a medical provider can call the King County COVID-19 Call Center between 8 AM–7 PM PST at 206-477-3977 for assistance. Interpreters are available.

Useful Links:

- [Screening K-12 Students for Symptoms of COVID-19](#) (CDC)
- [Return to School / Work Criteria](#) (CDC / Hawaii Dept of Health)
- [How to care for yourself or others with COVID-19](#) (CDC)
- [10 Things You Can Do to Manage COVID-19 At Home](#) (CDC)
- [When to Quarantine After Exposure to COVID-19](#) (CDC)

The Bridge School Comprehensive School Reopening Plan is based on guidelines provided by the following:

- Office of Superintendent of Public Instruction (OSPI): [Reopening Washington Schools 2020; District Planning Guide](#)
- King County Public Health : [King County Schools COVID-19 Response Toolkit](#)
- WA State Departments of Health (DOH)
- Centers for Disease Control & Prevention (CDC): [Schools & Childcare Programs](#)